



AMG OB/GYN Updates: Mental Wellness in Pregnancy and Postpartum

Presented by: Annie Siewert, MD; Meredith Powell, MD;
Patricia Schultz, MS, LPC-MH, QMHP, ACS; Nancy Wise-Vanderlee, PhD

Purpose: Upon completion of this activity, the learn will be updated on mental wellness in pregnancy and postpartum patients.

Objectives:

1. Review the recent ACOG practice bulletin regard anxiety in pregnancy and postpartum depression.
2. Discuss the general treatment options for postpartum depression and anxiety in pregnancy.
3. Review the process for same day referrals at Avera.

Target Audience: Obstetrics/Gynecology, Family Practice Physicians, APRNs, PAs, and RNs.

[Click here to register!](#)

**Tuesday, October 10
12:00-1:00pm**

Available via live presentation:

Sr. Colman Room, Avera McKennan Campus. *BRING YOUR OWN LUNCH.*

Or

Available via videoconference:

Please contact your videoconferencing site coordinator 48 hours prior to the event.

Or

Available via Web-Ex:

We-Ex details will be emailed to registrants closer to the educational activity.



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Avera Health is an Approved Provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Application has been made for continuing nursing education.